



KAYAK EXPEDITION 2008

TRIP MEMO

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This memo describes the kayak trip that Island Pacific School students undertake from June 16 through 18, 2008. It outlines the itinerary, personnel, safety protocols, communications, and behavioural expectations for this trip.

Program Purposes

The main purposes of this trip are as follows:

- to provide a year-end opportunity for the grade 8-9 students to have some fun together on a kayak trip and then in a camp setting with the whole school
- to provide a year-end opportunity for the grade 6-7 students to have some fun together in a camp setting
- to provide another opportunity for all the students to take responsibility for themselves in an expedition context (e.g. by having them set up camp, help with cooking and clean-up, etc.)
- to offer the grade 6-7 students preliminary instruction and experience in kayaking as preparation for the kayak expedition in grade 8 and 9
- to get the grade 6-7 students used to working together in preparation for the kayak expedition in grade 8 and 9
- to challenge the grade 8 students to complete their first ever kayak expedition to and from Anvil Island
- to provide an opportunity for the grade 9 students to complete the grade 9 solo camping experience
- to celebrate with the entire school the memories and accomplishments of a very full academic year
- to offer an adventurous journey experience that may be used toward fulfilling the bronze level requirements for the Duke of Ed Award

Program Overview

The Kayak Expedition is a trip to and from Anvil Island. The grade 8-9 students kayak to and from Anvil Island; the grade 6-7 students boat across in water taxis provided by Cormorant Marine.

The grade 6-7 group travels directly to Daybreak Point Bible Camp on Anvil Island where they spend two nights in the camp cabins. The first night, the 8-9 group paddle to Halkett Bay on Gambier Island and camp overnight in tents. The grade 9's make their solo camp on this night. The second night the 8-9 group joins the rest of the school at Daybreak Camp on Anvil Island for a final afternoon and evening with the whole school.

Itinerary

Jun 16	Monday	8:30 am	Gr. 8/9 students meet at Snug Cove dock to pack kayaks and depart to Gambier Island.
		9:00 am	Gr. 6/7 students meet at Snug Cove government dock to load water taxi and depart to Anvil Island. Gr. 8/9 group paddles to Halkett Bay with safety boat escort. Gr. 6/7 group rides water taxi to Daybreak Camp.
		Afternoon	Gr. 8 set up group camp. Gr. 8/9s have dinner together. Gr. 9 solo camp. Gr. 6/7 set up cabins, kitchen and play afternoon games.
Jun 17	Tuesday	Morning	Gr. 8/9s break camp and paddle to Daybreak Camp with safety boat escort. Gr. 6/7 group play camp activities throughout day.
		Afternoon	Gr. 8/9 group arrives at Daybreak Camp.
		Evening	Dinner with whole school, house games and capture the disk.
Jun 18	Wednesday	Morning	Break camp. Gr. 8/9 group paddles back to Bowen. Gr. 6/7 group arrives Snug Cove by water taxi about 11:00 am. Gr. 6/7 Are dismissed from the dock.
		Afternoon	Gr. 8/9 group arrives Deep Bay for salute Paddle into Snug Cove. Will be dismissed after returning kayaks to Bowen Island Sea Kayaking.

Age & Ability Considerations

The students are divided into groups according to ability for all activities.

Grade 9 Solo

Grade 9 students have the option of going out on a solo camp on the evening of Monday, June 16th. Attached to this memo is a full description of the solo experience with a consent form that needs to be signed in order for a student to participate. **Grade 9 parents should read the description carefully and sign the consent form**, if they agree to have their child take part.

Contingency Plans

In the event that the water is too rough for a safe kayak crossing, we will simply postpone our departure until the weather improves. The students are expected to have proper rain gear and warm clothes to deal with inclement weather on the kayak trip.

Personnel

The **trip leader** for the kayak trip is **Nick Yaremchuk**. The Trip Leader has **final** say on all issues of IPS program, discipline, and group safety.

The **medical care designate** for the grade 6-7 group is **Gale Lyttle**. The Medical Care Designate for the grade 8-9 group is **Nick Yaremchuk**. The medical care designates have the primary responsibility for first aid and medications. They have final say on all issues pertaining to medical care and injuries.

The head guide from Bowen Island Kayaking will be **Michael Robinson**. This person (or his designate) has final say on all issues having to do kayak travel, instruction, and safety.

The Safety Boat Operator will be **Boudewijn Neijens**.

The personnel accompanying the **grade 6-7 group** are:

Michael Simmonds	IPS Staff
Niki Earnshan	Bowen Island Sea Kayaking Guide
Gale Lyttle	First Aid Designate / Supervision (Paramedic)
Peter Day	Outdoor Activities Supervision
Boudewijn Neijens	Swimming Supervision (Advanced Marine First Aid)
Robert Semeniuk	Activities
Sarah Cummins	Paddling / Water Sports / Activities (Registered Nurse)
Bruce Coulter	Swimming / Activities Supervision (Experienced Lifeguard)
Will Husby	Cook / Kitchen Supervisor / Photography
Lydia Peters	Hired Certified Lifeguard

The personnel accompanying the **grade 8-9 group** on the kayak trip are:

Nick Yaremchuk	IPS Staff (Wilderness First Aid / Whitewater Rescue)
Brad Ovenell-Carter	IPS Staff
Michael	Bowen Island Sea Kayaking – Head Guide
Sarah Pansino	Bowen Island Sea Kayaking Guide (National Lifeguard Service / Basic First Aid)
Tom Moat	Bowen Island Sea Kayaking Guide
Jacqui Golsby	Bowen Island Sea Kayaking Guide
Tierney Crickmay	Bowen Island Sea Kayaking Guide
Bruce McTaggart	Wilderness First Aid / Whitewater Rescue Level 3
Sue Schloegl	Medical Doctor

Safety Protocols – General

The Grade 8-9 Kayak Expedition operates under safety protocols that have been adapted from the Alberta Centre for Injury Control & Research document entitled "Safety Guidelines for Physical Activity in Alberta Schools". The IPS protocols for this trip can be found on the school website as "Spring Kayak\Camping Safety Protocols". Some of the safety requirements include:

- the requirement that kayakers receive a prior orientation session
- the requirement that swimmers always be supervised by a competent supervisor
- the requirement that appropriate student\supervisor ratios be maintained
- the requirement that medical records be reviewed and noted
- the requirement that certain safety protocols be in place for the grade 9 solo

Please take a moment to consult the web-site to familiarize yourself with full scope of the protocols.

Safety Protocol – Injury

In the event of a minor injury, the medical care designate will apply first aid and continue to monitor the injury. If necessary, he or she will arrange for the injured party to be returned home by boat.

In the event of a major injury, the medical care designate will apply first aid and, will then make immediate arrangements to have the injured party transported to a hospital.

Communication

The trip leader (or designate) will contact IPS daily and leave a message with the following information:

- location
- condition of the group
- confirmation or any significant revision of the itinerary
- any other messages that need to be passed on

The trip leader (or designate) will also leave the cell phone on from 5:00 - 6:00 pm to receive any *urgent* messages.

Parents or staff who need to get an *urgent* message to the staff or students should call the following in this order:

- IPS (for message relay) 604-947-9311
- Gr 8-9 Cell (5:00p – 6:00p) 604-219-8754
- Gr. 6-7 Cell (5:00p – 6:00p) 604-842-3132
- Daybreak Camp Caretaker: 604-328-6447; Vancouver: 764-8569

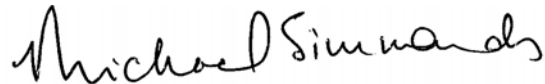
Other Key Phone Numbers:

- o Emergency 911
- o Coast Guard *16
- o Water Taxi - Cormorant 604-947-2243

Student Expectations

- Students on this excursion (as on any other excursion) are expected to uphold the commitments of the IPS Membership Charter
- Students are expected to obey any additional directions, rules, or guidelines presented by IPS staff members or volunteer supervisors.
- Students are expected to obey any directions, rules or guidelines presented by any driver of any vehicle or boat in which students are passengers.
- Students are expected to obey any rules & guidelines presented by the proprietors and employees Bowen Island Sea Kayaking and Daybreak Camp.
- **Students who disobey any rules pertaining to safety, or who significantly detract from the positive experience of fellow students will be sent home.**

Signatures



Michael Simmonds, Head Of School

May 29, 2008



Nick Yaremchuk, Trip Leader

May 29, 2008



Kim Brooks, Board Chair

May 29, 2008